

**XPS HISTORICAL MEET RANKINGS**  
**EQUIPPED**

**114 Pound Men's --- Squat**

	<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.			

**114 Pound Men's --- Bench Press**

	<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.			

**114 Pound Men's --- Deadlift**

	<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.			

**114 Pound Men's --- Total**

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.			

**123 Pound Men's --- Squat**

	<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	520		Daryl Johnson (5/2/92) 11/18/17 123.2

**123 Pound Men's --- Bench Press**

	<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	300		Daryl Johnson (5/2/92) 11/18/17 123.2

**123 Pound Men's --- Deadlift**

	<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	425		Daryl Johnson (5/2/92) 11/18/17 123.2

**123 Pound Men's --- Total**

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	1245		Daryl Johnson (5/2/92) 11/18/17 123.2

**132 Pound Men's --- Squat**

	<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	325		Evan Salmonsens (8/14/99) 6/3/2017 132.0

**132 Pound Men's --- Bench Press**

	<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	160		Evan Salmonsens (8/14/99) 6/3/2017 132.0

**132 Pound Men's --- Deadlift**

	<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	325		Evan Salmonsens (8/14/99) 6/3/2017 132.0

**132 Pound Men's --- Total**

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	810		Evan Salmonsens (8/14/99) 6/3/2017 132.0

**148 Pound Men's --- Squat**

	<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	465		Louis Imperatrice //11/05/2016/ 144.4

**148 Pound Men's --- Bench Press**

	<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	350		Louis Imperatrice //11/05/2016/ 144.4

**148 Pound Men's --- Deadlift**

	<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	400		Louis Imperatrice //11/05/2016/ 144.4

**148 Pound Men's --- Total**

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	1215		Louis Imperatrice //11/05/2016/ 144.4

### **165 Pound Men's --- Squat**

	<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	285		Victor Urena (12/5/86) 11/18/17 161.2

### **165 Pound Men's --- Bench Press**

	<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	530		Brandon Crossley ( ) 7/25/2020 160.0
2.	210		Victor Urena (12/5/86) 11/18/17 161.2
3.	70		Ethan Desrochers (9/19/08) 11/16/2019 162.0

### **165 Pound Men's --- Deadlift**

	<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	325		Victor Urena (12/5/86) 11/18/17 161.2
2.	185		Ethan Desrochers (9/19/08) 11/16/2019 162.0

### **165 Pound Men's --- Total**

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	820		Victor Urena (12/5/86) 11/18/17 161.2

### **181 Pound Men's --- Squat**

<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1. 665		Johnnathan Royster ( ) 2/18/2017 180.2
2. 480		Alexander Perez (5/25/85) 3/26/2022 178.4
3. 385		Coleton Sereno (7/13/98) 6/3/2017 179.0

### **181 Pound Men's --- Bench Press**

<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1. 405		Johnnathan Royster ( ) 2/18/2017 180.2
2. 335		Alexander Perez (5/25/85) 3/26/2022 178.4
3. 295		Coleton Sereno (7/13/98) 6/3/2017 179.0
4. 280		Hunter Donhauser (5/19/2000) 2/3/2018 181.0

### **181 Pound Men's --- Deadlift**

<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1. 530		Johnnathan Royster ( ) 2/18/2017 180.2
2. 480		Alexander Perez (5/25/85) 3/26/2022 178.4
3. 465		Coleton Sereno (7/13/98) 6/3/2017 179.0

### **181 Pound Men's --- Total**

<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1. 1600		Johnnathan Royster ( ) 2/18/2017 180.2
2. 1295		Alexander Perez (5/25/85) 3/26/2022 178.4
3. 1145		Coleton Sereno (7/13/98) 6/3/2017 179.0

### 198 Pound Men's --- Squat

	<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	750		Steve Decker (3/4/85) 11/16/2019 195.0
2.	700		Mark Van Alstyne ( ) 11/21/2015 195.6
3.	625		Ben Russo ( ) 3/27/2021 196.1

### 198 Pound Men's --- Bench Press

	<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	535		Ben Russo ( ) 3/27/2021 196.1
2.	485		Steve Decker (3/4/85) 11/16/2019 195.0
3.	480		Mark Van Alstyne ( ) 6/18/2016 194.4
4.	420		Nathan Crispell ( ) 11/6/2021 198
5.	375		Todd Horton ( ) 11/7/2020 193

### 198 Pound Men's --- Deadlift

	<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	625		Ben Russo ( ) 3/27/2021 196.1
2.	510		Steve Decker (3/4/85) 11/16/2019 195.0
3.	500		Mark Van Alstyne ( ) 11/21/2015 195.6
4.	425		Nathan Crispell ( ) 11/6/2021 198
5.	135		Todd Horton ( ) 11/7/2020 193

### 198 Pound Men's --- Total

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	1785		Ben Russo ( ) 3/27/2021 196.1
2.	1745		Steve Decker (3/4/85) 11/16/2019 195.0
3.	1650		Mark Van Alstyne ( ) 11/21/2015 195.6

## **220 Pound Men's --- Squat**

	<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	800		Adam Fish (11/10/82) 11/16/2019 215.8
2.	740		Steven Rizzo (3/16/90) 8/4/2018 212.6
3.	740		Tyr Morford (1/21/98) 5/18/2019 215.6
4.	710		James Matta (2/4/76) 11/16/2019 218.6
5.	700		Roy Somers (6/26/83) 7/13/2019 204.4
6.	700		Franklin Clark (1/1/84) 7/13/2019 205
7.	700		Eric Winter (5/15/72) 3/26/2022 217.4
8.	655		Zach Wenrich (5/18/93) 216.2 11/21/2020

## **220 Pound Men's --- Bench Press**

	<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	835		Zach Wenrich (5/18/93) 3/13/2021
2.	820		Keith O'dell (2/6/82) 11/16/2019 219.2
3.	650		Adam Fish (11/10/82) 11/16/2019 215.8
4.	610		Eric Winter (5/15/72) 3/26/2022 217.4
5.	580		James Matta (2/4/76) 11/16/2019 218.6
6.	530		Steven Rizzo (3/16/90) 8/4/2018 212.6
7.	505		Tyr Morford (1/21/98) 5/18/2019 215.6
8.	455		Richard Gawlinski ( ) 11/6/2021 218.6
9.	440		Roy Somers (6/26/83) 8/4/2018 200.4
10.	400		Franklin Clark (1/1/84) 7/13/2019 205
11.	300		Pete Diaz ( ) 2/18/2017 216.8
12.	300		Jeffrey Cuyler (11/26/99) 6/3/2017 215.4

### 220 Pound Men's --- Deadlift

	<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	600		Steven Rizzo (3/16/90) 8/4/2018 212.6
2.	590		Keith O'dell (2/6/82) 11/16/2019 219.2
3.	585		Tyr Morford (1/21/98) 5/18/2019 215.6
4.	585		Adam Fish (11/10/82) 11/16/2019 215.8
5.	555		Zach Wenrich (5/18/93) 216.2 11/21/2020
6.	555		Richard Gawlinski ( ) 11/6/2021 218.6
7.	550		Roy Somers (6/26/83) 8/4/2018 200.4
8.	525		James Matta (2/4/76) 11/16/2019 218.6
9.	470		Eric Winter (5/15/72) 3/26/2022 217.4
10.	465		Franklin Clark (1/1/84) 7/13/2019 205

### 220 Pound Men's --- Total

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	2035		Adam Fish (11/10/82) 11/16/2019 215.8
2.	1870		Steven Rizzo (3/16/90) 8/4/2018 212.6
3.	1830		Tyr Morford (1/21/98) 5/18/2019 215.6
4.	1815		James Matta (2/4/76) 11/16/2019 218.6
5.	1785		Eric Winter (5/15/72) 3/26/2022 217.4
6.	1665		Roy Somers (6/26/83) 8/4/2018 200.4
7.	1565		Franklin Clark (1/1/84) 7/13/2019 205

## **242 Pound Men's --- Squat**

<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1. 1,000		Chad Burdett (12/21/87) 7/13/2019 242
2. 830		Adam Fish ( ) 3/27/2021 229.1
3. 810		Brian Shaughnessy (7/9/96) 7/13/2019 242.2
4. 705		Dan Zahno (1/14/75) 6/3/2017 235.2
5. 700		Eric Winters (5/15/72) 7/13/2019 237.4
6. 700		Bobby Fields ( ) 2/18/2017 232.4
7. 650		James Parsons (10/1/88) 11/16/2019 231.8

## **242 Pound Men's --- Bench Press**

<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1. 765		Adam Fish ( ) 3/27/2021 229.1
2. 735		Shane Darnefall ( ) 3/14/2020 236.0
3. 715		Dave Kingwater (12/15/72) 11/16/2019 241.6
4. 700		Chad Burdett (12/21/87) 7/13/2019 242
5. 700		Jared Mangle ( ) 11/6/2021 242
6. 675		Patrick Fraccola ( ) 6/18/2016 241.2
7. 675		Nick Benrakis ( ) 7/31/2021 240.9
8. 630		Eric Winter (5/15/72) 7/13/2019 237.4
9. 610		Mark Chieco ( ) 6/18/2016 239.2
10. 525		Bobby Fields ( ) 2/18/2017 232.4
11. 525		Brian Shaughnessy (7/9/96) 7/13/2019 242.2
12. 500		Jimmy Moritz (4/1/76) 11/16/2019 255.6
13. 480		Darrell Sterling (6/8/65) 8/26/2017 237.0
14. 480		Richard Gawlinski (5/24/87) 6/26/2021 223.0
15. 465		Dan Zahno (1/14/75) 6/3/2017 235.2
16. 460		Bayton Frasier ( ) 7/31/2021 225.9
17. 455		James Parsons (10/1/88) 11/16/2019 231.8

### 242 Pound Men's --- Deadlift

<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1. 715		Chad Burdett (12/21/87) 7/13/2019 242
2. 700		Ethan Dreiblatt ( ) 4/3/2021 233.2
3. 675		Randy Owen ( ) 3/14/2020 242.5
4. 625		Jim Rightmire (2/12/79) 8/4/2018 242.2
5. 605		Bobby Fields ( ) 2/18/2017 232.4
6. 605		Adam Fish ( ) 3/27/2021 229.1
7. 600		Shane Darnefall ( ) 3/14/2020 236.0
8. 585		Brian Shaughnessy (7/9/96) 7/13/2019 242.2
9. 575		Richard Gawlinski ( ) 11/7/2020 224
10. 570		Eric Winter (5/15/72) 8/26/2017 238.2
11. 550		James Parsons (10/1/88) 11/16/2019 231.8
12. 530		Dan Zahno (1/14/75) 6/3/2017 235.2

### 242 Pound Men's --- Total

<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1. 2415		Chad Burdett (12/21/87) 7/13/2019 242
2. 2200		Adam Fish ( ) 3/27/2021 229.1
3. 1920		Brian Shaughnessy (7/9/96) 7/13/2019 242.2
4. 1830		Bobby Fields ( ) 2/18/2017 232.4
5. 1780		Eric Winter (5/15/72) 2/2/2019 238.2
6. 1700		Dan Zahno (1/14/75) 6/3/2017 235.2
7. 1655		James Parsons (10/1/88) 11/16/2019 231.8

### 275 Pound Men's --- Squat

	<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	1165		Bob Merkh (1/14/84) 3/26/2022 273.4
2.	910		Joshua Walker (9/6/86) 3/27/2021 261.0

### 275 Pound Men's --- Bench Press

	<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	835		Bob Merkh (1/14/84) 3/26/2022 273.4
2.	825		Jim Phraner ( ) 7/16/2016 269.6
3.	705		Nathan Robertson ( ) 11/16/2019 273.8
4.	675		Mark Chieco (8/30/77) 8/4/2018 257.2
5.	670		Chris Kitchen ( ) 11/7/2020 263
6.	615		Joe Dubaskas (2/10/89) 3/12/2022 268.0
7.	600		Dave Kingwater ( ) 7/16/2016 261.6
8.	600		John Bogart ( ) 3/27/2021 273.5
9.	550		Robert Cushman ( ) 11/16/2019 254.0
10.	550		Joshua Walker (9/6/86) 3/27/2021 261.0
11.	525		Kevin Johnson ( ) 7/16/2016 273.6

### 275 Pound Men's --- Deadlift

	<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	855		Chris Dellafave (6/14/88) 8/4/2018 263.6
2.	760		Bob Merkh (1/14/84) 7/13/2019 271.8
3.	715		Randy Owen (11/7/86) 4/8/2018 266.8
4.	640		Joshua Walker (9/6/86) 3/27/2021 261.0
5.	480		John Bogart ( ) 7/31/2021 275.0

### 275 Pound Men's --- Total

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	2720		Bob Merkh (1/14/84) 3/26/2022 273.4
2.	2100		Joshua Walker (9/6/86) 3/27/2021 261.0

### 308 Pound Men's --- Squat

	<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	950		Bill Fritz (11/1/88) 8/4/2018 288.8
2.	735		Fred Seeburger ( ) 6/20/2015
3.	725		Ryan Graham (12/31/85) 3/26/2022 280.0
4.	700		Joe Stein ( ) 6/20/2015
5.	575		Chris Steves (3/13/98) 11/21/2020 293.4

### 308 Pound Men's --- Bench Press

	<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	960		Rich Putnam (6/7/77) 11/16/2019 296.8
2.	700		Bill Fritz (11/1/88) 7/13/2019 301
3.	550		Gary Thomas (8/1/67) 6/26/2021 308.0
4.	540		Art Dispenza ( ) 2/18/2017 299.0
5.	500		Chris Steves (3/13/98) 11/21/2020 293.4
6.	485		Ryan Graham (12/31/85) 3/26/2022 280.0
7.	430		Fred Seeburger ( ) 6/20/2015
8.	405		Joe Stein ( ) 6/20/2015

### 308 Pound Men's --- Deadlift

	<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	700		Bill Fritz (11/1/88) 8/26/2017 291.6
2.	540		Chris Steves (3/13/98) 11/21/2020 293.4
3.	540		Ryan Graham (12/31/85) 3/26/2022 280.0
4.	500		Joe Stein ( ) 6/20/2015
5.	450		Fred Seeburger ( ) 6/20/2015

### 308 Pound Men's --- Total

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	2250		Bill Fritz (11/1/88) 8/26/2017 291.6
2.	1745		Ryan Graham (12/31/85) 3/26/2022 280.0
3.	1615		Fred Seeburger ( ) 6/20/2015
4.	1615		Chris Steves (3/13/98) 11/21/2020 293.4
5.	1605		Joe Stein ( ) 6/20/2015

### SHW Pound Men's --- Squat

	<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	1105		Matt Magnavita (11/15/96) 7/13/2019 353.8
2.	1005		Larry Calabrese (9/13/85) 1/30/2021 324.4
3.	805		Joe Stein ( ) 11/21/2015 294.4

### SHW Pound Men's --- Bench Press

	<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	800		Matt Magnavita (11/15/96) 7/13/2019 353.8
2.	775		Jesse Lietzel ( ) 11/6/2021 332
3.	725		Larry Calabrese (9/13/85) 1/30/2021 324.4
4.	585		Ryan Bricker (12/11/92) 3/26/2022 313.0
5.	525		Joe Stein ( ) 11/21/2015 294.4

### SHW Pound Men's --- Deadlift

	<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	745		Larry Calabrese (9/13/85) 1/30/2021 324.4
2.	650		Matt Magnavita (11/15/96) 7/13/2019 353.8
3.	585		Joe Stein ( ) 11/21/2015 294.4
4.	565		Aaron Schulenburg (9/12/80) 3/26/2022 320.4

### SHW Pound Men's --- Total

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	2550		Matt Magnavita (11/15/96) 7/13/2019 353.8
2.	2475		Larry Calabrese (9/13/85) 1/30/2021 324.4
3.	1915		Joe Stein ( ) 11/21/2015 294.4

## **WOMEN'S RANKINGS**

### **97 Pound Women's --- Squat**

	<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.			

### **97 Pound Women's --- Bench Press**

	<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.			

### **97 Pound Women's --- Deadlift**

	<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.			

### **97 Pound Women's --- Total**

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.			

**105 Pound Women's --- Squat**

	<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.			

**105 Pound Women's --- Bench Press**

	<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.			

**105 Pound Women's --- Deadlift**

	<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.			

**105 Pound Women's --- Total**

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.			

**114 Pound Women's --- Squat**

	<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	215		Layla Merkh ( ) 5/19/2018 114.0

**114 Pound Women's --- Bench Press**

	<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	85		Layla Merkh ( ) 5/19/2018 114.0

**114 Pound Women's --- Deadlift**

	<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	210		Layla Merkh ( ) 5/19/2018 114.0

**114 Pound Women's --- Total**

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	510		Layla Merkh ( ) 5/19/2018 114.0

**123 Pound Women's --- Squat**

	<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	405		Janet Faraone (10/3/67) 122.6 6/5/2021

**123 Pound Women's --- Bench Press**

	<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	310		Janet Faraone ( ) 2/18/2017 121.6

**123 Pound Women's --- Deadlift**

	<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	405		Janet Faraone ( ) 2/18/2017 121.6

**123 Pound Women's --- Total**

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	1045		Janet Faraone ( ) 122.4 10/21/2017

### 132 Pound Women's --- Squat

	<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	580		Heidi Howar ( ) 10/21/2017 130.6
2.	470		Jessica Kline (1/23/90) 6/3/2017 130.8
3.	420		Candace Kucsulain ( ) 10/21/2017 129.0

### 132 Pound Women's --- Bench Press

	<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	395		Heidi Howar ( ) 10/21/2017 130.6
2.	255		Candace Kucsulain ( ) 10/21/2017 129.0
3.	225		Jessica Kline (1/23/90) 6/3/2017 130.8

### 132 Pound Women's --- Deadlift

	<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	520		Heidi Howar ( ) 10/21/2017 130.6
2.	410		Candace Kucsulain ( ) 10/21/2017 129.0
3.	395		Jessica Kline (1/23/90) 6/3/2017 130.8

### 132 Pound Women's --- Total

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	1495		Heidi Howar ( ) 10/21/2017 130.6
2.	1090		Jessica Kline (1/23/90) 6/3/2017 130.8
3.	1085		Candace Kucsulain ( ) 10/21/2017 129.0

### 148 Pound Women's --- Squat

	<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	540		Chanel Nolet ( ) 10/21/2017 146.6
2.	525		Karen Johnson ( ) 10/21/2017 144.2
3.	410		Victoria Nehls (3/7/95) 1/30/2021 136.8
4.	240		Ceris Christopher ( ) 10/21/2017 146.0

### 148 Pound Women's --- Bench Press

	<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	300		Chanel Nolet ( ) 10/21/2017 146.6
2.	240		Karen Johnson ( ) 10/21/2017 144.2
3.	185		Victoria Nehls (3/7/95) 1/30/2021 136.8
4.	115		Ceris Christopher ( ) 10/21/2017 146.0

### 148 Pound Women's --- Deadlift

	<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	420		Victoria Nehls (3/7/95) 1/30/2021 136.8
2.	410		Karen Johnson ( ) 10/21/2017 144.2
3.	400		Chanel Nolet ( ) 10/21/2017 146.6
4.	235		Ceris Christopher ( ) 10/21/2017 146.0

### 148 Pound Women's --- Total

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	1240		Chanel Nolet ( ) 10/21/2017 146.6
2.	1175		Karen Johnson ( ) 10/21/2017 144.2
3.	1015		Victoria Nehls (3/7/95) 1/30/2021 136.8
4.	590		Ceris Christopher ( ) 10/21/2017 146.0

### 165 Pound Women's --- Squat

	<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	550		Patti Lee Ruscin ( ) 10/21/2017 163.2
2.	550		Valerie King ( ) 10/21/2017 164.8
3.	500		Maura Gay (9/25/91) 4/3/2021 159.4
4.	475		Yael Benyair (9/21/82) 8/4/2018 165.0
5.	470		Amy Weisberger ( ) 10/21/2017 162.6

### 165 Pound Women's --- Bench Press

	<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	505		Allison Hind (9/14/81) 1/30/2021 164.0
2.	315		Yael Benyair (9/21/82) 8/4/2018 165.0
3.	305		Valerie King ( ) 10/21/2017 164.8
4.	285		Amy Weisberger ( ) 10/21/2017 162.6
5.	285		Patti Lee Ruscin ( ) 10/21/2017 163.2
6.	280		Tammy Howard (1/25/71) 11/16/2019 160.2
7.	265		Maura Gay (9/25/91) 6/5/2021 162.0

### 165 Pound Women's --- Deadlift

	<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	500		Patti Lee Ruscin ( ) 10/21/2017 163.2
2.	415		Amy Weisberger ( ) 10/21/2017 162.6
3.	415		Valerie King ( ) 10/21/2017 164.8
4.	405		Yael Benyair (9/21/82) 8/4/2018 165.0
5.	385		Maura Gay (9/25/91) 4/3/2021 159.4

### 165 Pound Women's --- Total

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	1335		Patti Lee Ruscin ( ) 10/21/2017 163.2
2.	1270		Valerie King ( ) 10/21/2017 164.8
3.	1195		Yael Benyair (9/21/82) 8/4/2018 165.0
4.	1170		Amy Weisberger ( ) 10/21/2017 162.6
5.	1145		Maura Gay (9/25/91) 6/5/2021 162.0

### **181 Pound Women's --- Squat**

	<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	615		Katey Brent ( ) 10/21/2017 179.8
2.	425		Jacqueline Houseman ( ) 10/21/2017 176.4

### **181 Pound Women's --- Bench Press**

	<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	350		Katey Brent ( ) 10/21/2017 179.8
2.	205		Jacqueline Houseman ( ) 10/21/2017 176.4

### **181 Pound Women's --- Deadlift**

	<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	480		Katey Brent ( ) 10/21/2017 179.8
2.	340		Jacqueline Houseman ( ) 10/21/2017 176.4

### **181 Pound Women's --- Total**

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	1445		Katey Brent ( ) 10/21/2017 179.8
2.	970		Jacqueline Houseman ( ) 10/21/2017 176.4

**198 Pound Women's --- Squat**

	<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.			

**198 Pound Women's --- Bench Press**

	<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	305		Marina Wemple ( ) 7/31/2021 184.0

**198 Pound Women's --- Deadlift**

	<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.			

**198 Pound Women's --- Total**

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.			

### **SHW Pound Women's --- Squat**

	<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	550		Alicia Childress (12/29/97) 9/28/2019 215.2

### **SHW Pound Women's --- Bench Press**

	<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	505		Rae-Ann Caughlin Miller ( ) 2/18/2017 221
2.	375		Kelly Duffy (10/3/83) 8/4/2018 250.8
3.	320		Alicia Childress (12/29/97) 9/28/2019 215.2
4.	300		Chrissy Codner (1/11/81) 11/16/2019 258.6

### **SHW Pound Women's --- Deadlift**

	<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	405		Alicia Childress (12/29/97) 9/28/2019 215.2

### **SHW Pound Women's --- Total**

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	1275		Alicia Childress (12/29/97) 9/28/2019 215.2