



XPS

eXtreme Performance & Strength



XPS Body Weight Categories

Men

Kilograms	Pounds
52	114.5
56	123.25
60	132.25
67.5	148.75
75	165.25
82.5	181.75
90	198.25
100	220.25
110	242.5
125	275.5
140	308.5
140.01 +	SHW

Women

Kilograms	Pounds
44	97.0
48	105.75
52	114.5
56	123.25
60	132.25
67.5	148.75
75	165.25
82.5	181.75
90	198.25
100	220.25
100.01 +	SHW